



Functional Capacity Evaluation Certification Course – On Demand

Eric Ahonen, ATC, LAT, CFCE

Day 1

Time	Subject	Content	Method of Instruction
8 minutes	Overview	Overview of course and introduction to course instructor	Lecture, Power Point
46 minutes	Intro to Functional Capacity Evaluations	Discuss the history behind FCEs, how they fit in the rehab process, their purpose, and the APTA guidelines	Lecture, Power Point
87 minutes	The OccuPro Evaluation Philosophy	Discuss the foundation of performing FCEs and how the test you are performing is considered legally defensible	Lecture, Power Point
17 minutes	Principles of Performing FCEs	Discuss various FCE definitions including PDC levels, occasional/frequent/constant and distraction based testing	Lecture, Power Point
21 minutes	FCE Documentation	Discuss and practice proper FCE documentation including final results, recommendations, ability, effort, and pain documentation	Lecture, Power Point, Course Material
12 minutes	High Quality Reports for Referrals Sources	Use the provided template to perform FCEs, take a look at OccuPro's FCE Software, and discuss pros/cons of other systems	Lecture, Power Point, Course Material
6 minutes	Developing a FCE Program	Learn to implement a full industrial rehab program, a FCE program, and what constitutes a financially successful program	Lecture, Power Point, Course Material
6 minutes	Equipment and Space	Learn which equipment is needed and how to set up your space	Lecture, Power Point
23 minutes	FCE Overview	Overview of FCE performance, types of FCEs, reasons for performing and answering referral questions, dealing with difficult patients, evidence-based FCEs, and Daubert	Lecture, Power Point, Course Material
19 minutes	FCE Intake and Assessment Setup	What happens when your patient walks in the door and what you should gather during your interview	Lecture, Power Point
49 minutes	Job Demands Analysis	Learn to gather the job demands for a return-to-work functional capacity evaluation	Lecture, Power Point, Course Material



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Day 2

Time	Subject	Content	Method of Instruction
9 minutes	Consistency of Effort	Evidence-based practice for determining if your client put forth full and consistent effort during testing	Lecture, Power Point, Course Material
46 minutes	Reliability of Pain	Determining if the subjective pain is reliable using RPE, Functional Pain Scale, McGill, Oswestry, Ransford, and Waddell Signs	Lecture, Power Point, Demonstrations, Video, Software
37 minutes	Musculoskeletal Testing	Learn to gather basic screening information and perform sensation testing	Lecture, Power Point, Demonstrations, Video, Software
79 minutes	Upper Extremity Testing	Performing Grip and Pinch taking into consideration evidence-based consistency of effort and determining physical demand levels	Lecture, Power Point, Demonstrations, Video, Software
69 minutes	Non-Material Handling	Learn to test Walking, Forward/Overhead Reach, Bending, Squatting, and determining the Physical Demand Level	Lecture, Power Point, Demonstrations, Video, Software
18 minutes	Balance Testing	Learn to test Dynamic and Static Balance and determine physical demand levels	Lecture, Power Point, Demonstrations, Video
72 minutes	Occasional Material Handling	Using a kinesiophysical approach, learn to evaluate and determine your client's occasional/maximum/safe lifting abilities	Lecture, Power Point, Demonstrations, Video, Software



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Day 3

Time	Subject	Content	Method of Instruction
33 minutes	Job Simulation Testing	Learn to evaluate and implement various job simulation testing to increase your tests overall validity	Lecture, Power Point
55 minutes	Frequent Material Handling	Evaluate, determine, and calculate maximal/safe frequent and continuous lifting abilities during various lifts	Lecture, Power Point, Demonstrations, Video, Software
33 minutes	Sit Stand Climb	Evaluate climbing activities and determine sitting/standing abilities	Lecture, Power Point, Demonstrations, Video, Software
23 minutes	Post Test Activities	Final documentation, determine overall PDL, summarize Consistency of Effort and Pain, and return-to-work recommendations	Lecture, Power Point
7 minutes	FCE and Legal Proceedings	What happens when you get deposed, preparing for your deposition, and becoming an expert witness	Lecture, Power Point
6 minutes	FCE Certification	How to obtain the Certified Functional Capacity Evaluator Certification and market your program to increase referrals	Lecture, Power Point
170 minutes	FCE Practicum	Watch Jim Mecham perform a full job specific functional capacity evaluation while using the OccuPro FCE Software	Video
1 minute	Thank You	Wrap up the course, take quiz, complete course feedback form, and schedule a time to speak with the course instructor	Lecture